

Sardar Vallabhbhai Patel National Police Academy

Hyderabad

Newsletter

2024



CAPACITY BUILDING COMMISSION

Certificate of Accreditation

NABET

The training institute **Sardar Vallabh Bhai Patel National Police Academy, Hyderabad** is accredited as **अति उत्कृष्ट** under the Capacity Building Commission's National Standards as assessed by the National Accreditation Board of Education and Training (NABET).

The Accreditation shall remain in force subject to continued compliance with the National Standards. The accreditation needs to be renewed before the expiry date by the training institution following the due process of assessment.

Accreditation granted on **27-04-2023** is valid until **26-04-2025**

Secretary
Capacity Building Commission

Chairperson
Capacity Building Commission

Certificate No.
APP/22/N00021

Sardar Vallabhbhai Patel National Police Academy

got accredited as

"Ati Utkrusht"

under the Capacity Building Commission's National Standards as assessed by the National Accreditation Board of Education and Training.



Shri Narendra Modi, Honorable Prime Minister of India, awarding **"Certificate of Accreditation"** to Sardar Vallabhbhai Patel National Police Academy on 11 June 2023 at ITPO Pragati maidan, New Delhi to Director Incharge **Shri Amit Garg.**

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Visit of Union Home Secretary Shri Ajay Kumar Bhalla, IAS















Inauguration of New Residential Buildings (112 Qtrs)

by Shri G. Kishan Reddy
Hon'ble Minister of Tourism, Culture and Development of North Eastern Region, Government of India on 05th April, 2023













International Yoga Day 2023






Blood Donation by NPA Staff








LiFE (Lifestyle for Environment) Plantation by NPA Staff





















Summer Camp



Shramdan at Site A






Faculty Development Programme






Visit to Shamirpet Police Station 75 RR









Moot Court 75 RR









CPR First Medical Responder Module 75 RR






Forensic Science Module 75 RR







Sand Module 75 RR



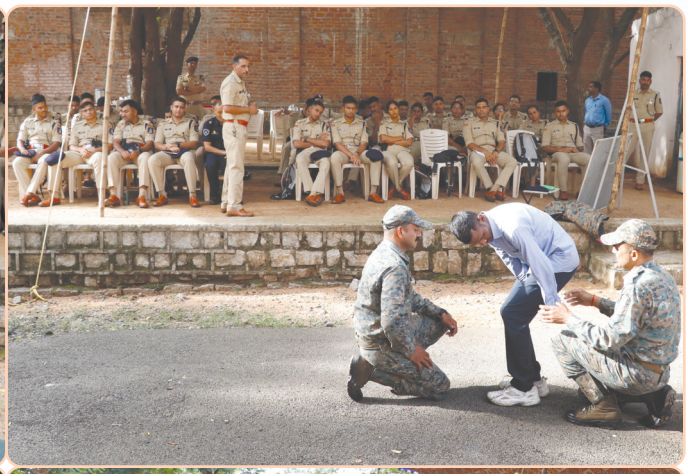
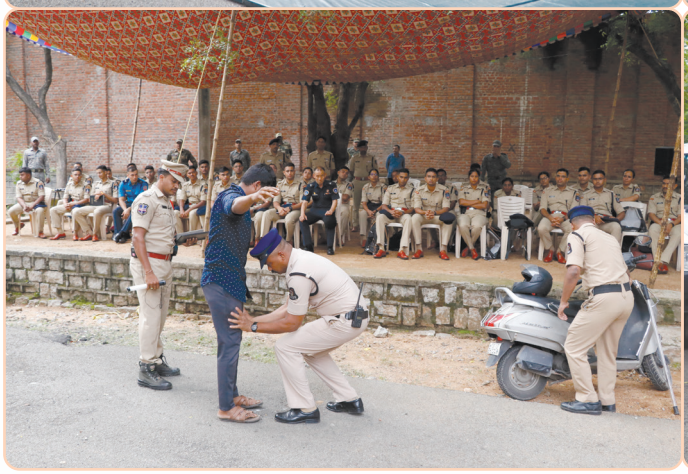



TAC Explosive Module 75 RR






Police Tac Module 75 RR


Jungle Module 75 RR






Firing Module 75 RR






Urban Operation Module 75 RR






CSWT BSF Attachment 75 RR

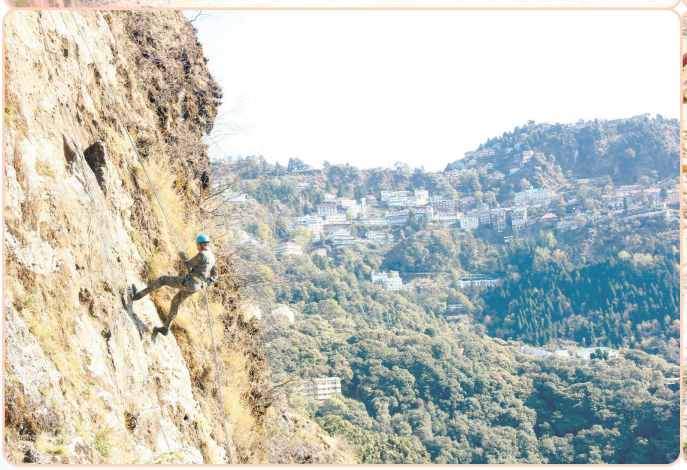






ITBP Attachment 75 RR






WT & Firing Module 75 RR






Long Range Firing 75 RR






Night Firing 75 RR






Nukkad Natak by Law Society






15 Km Route March 75 RR






25 Km Route March on Road 75 RR





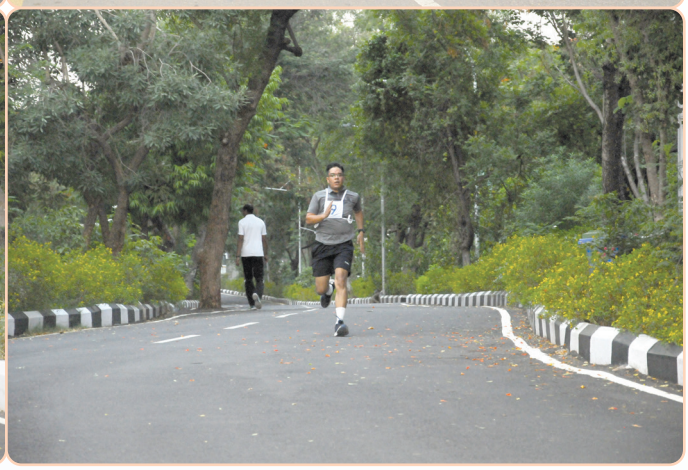

25 KM Route March with Navigation 75 RR






5 KM Run 75 RR



10 KM Run 75 RR






12 KM Run 75 RR






Horse Riding 75 RR






Cycling 75 RR



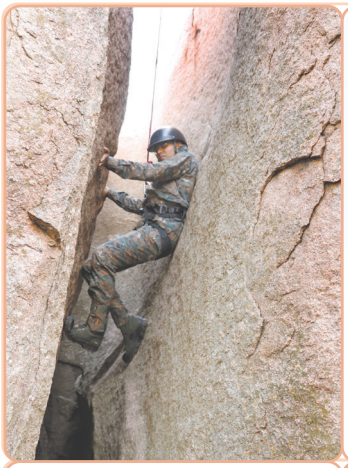



Zumba Classes 75 RR



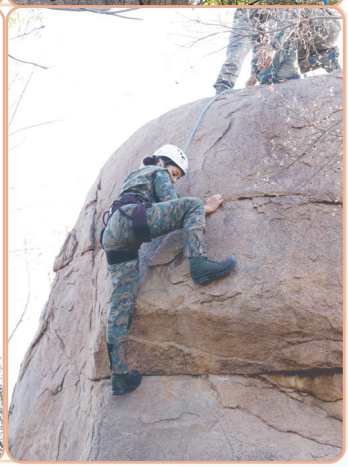



Rock Climbing Module 75 RR











16




BAIJI



Outdoor Activities 75 RR





















The obstacle is the path
Zen Proverb











Outdoor Activities 75 RR










BOAC Module 75 RR










Volleyball Match between 75 RR and Officers of IS Service






Volleyball Match between 75 RR and Officers of IFS



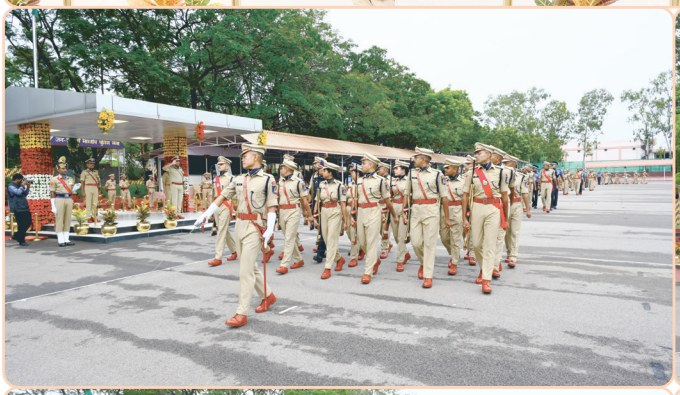



Independence Day Parade 2023



















Games at Independence Day 2023












Chandrayaan-3 Moon Landing Live at NPA Auditorium









Club Activity 75 RR









Assam Nursery School









75 RR Counselor Counselee Session









Singing Competition



Drawing Competition



Cooking & Embroidery Competition

Quiz Competition



Fete

Prime Minister Silver Cup Essay Competition - 2023









Visit to Prajwala 75 RR









Visit to Afzal Gunj Police Station 75 RR







Visit to Chanchalguda Central Prison 75 RR







Grayhounds Attachment 75 RR









Tactics Module 75 RR









40 km Route March 75 RR






16 km Road Run 75 RR






Volleyball Match between 75 RR and ISS Officers






Valleyball Match between Outdoor Staff and RI Lines Staff






SSB Officers Visit at the Academy






Mr. Ronald Rose, IAS Commissioner of GHMC Visit at the Academy






Republic Day Parade 2024
















FitRise 75 NPA Triathlon



Kite Festival 76 RR











Inauguration of Upgraded Academy Auditorium by Shri Bhupendrabhai CM, Gujarath






Holi Celebrations 75RR & 76 RR






TAC Demo 76 RR






BOAC 76 RR







CPR & First Aid Module 76 RR






Investigation and SOC Panchnama Skills Module 76 RR






Unarmed Combat Training Module 76 RR







Weapon Training Module 76 RR






Football Match between 75 RR IRS and 76 RR IPS Officers






Map Reading Module 76 RR






Meditation Classes 76 RR






Short Firing Range Module 76 RR







Arrests and Skills Module 76 RR






15 Km Route March 76 RR






CDFA Society Activity 76 RR






Nukkad Natak by Law Society 76 RR






Zumba Classes 76 RR






Visit to Gandhi Hospital 76 RR






TAC Explosive Module 76 RR






Firing Module 76 RR






Long Range Firing 76 RR






Riot Control Drill 76 RR






25 Km Route March 76 RR






Forensic Physics and Road Traffic Accident Module 76 RR






Forensic Science Investigation Simulation 76 RR









08 km Cross Country Run and Mini Triathlon 76 RR










JUBILEE HILLS POLICE STATION


MADHAPUR POLICE STATION
మాదాపూర్ పోలీస్ స్టేషన్


CENTRAL CRIME STATION
TELANGANA STATE POLICE















Independence Day Parade 2024





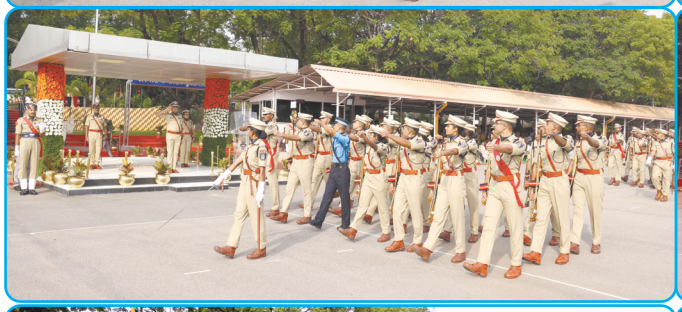


















Games at Independence Day and Blood Donation























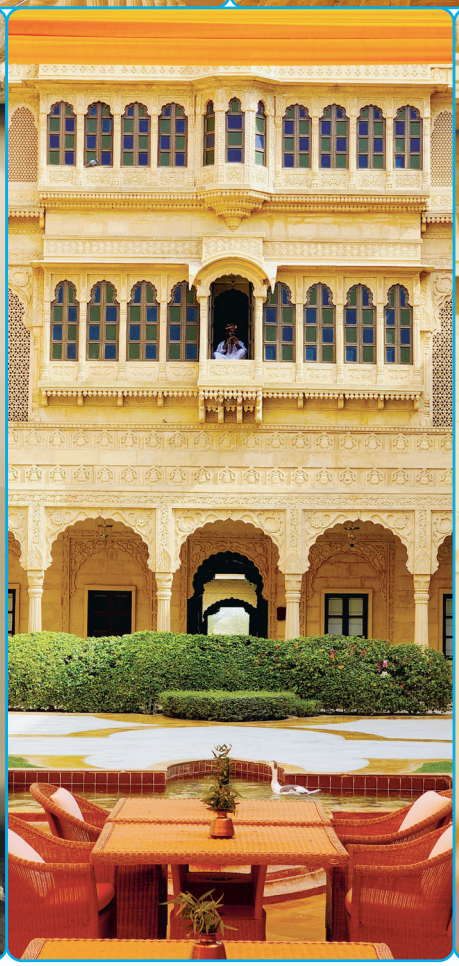














Battle Inoculation 76 RR

















Map Reading Module 76 RR






Sardar Vallabhbhai Patel Memorial Lecture by Shri Baba N Kalyani, Chairman & Managing Director, Bharat Forge Ltd.







International Yoga Day






Investigation Simulation 76 RR






Formal Dinner 76 RR













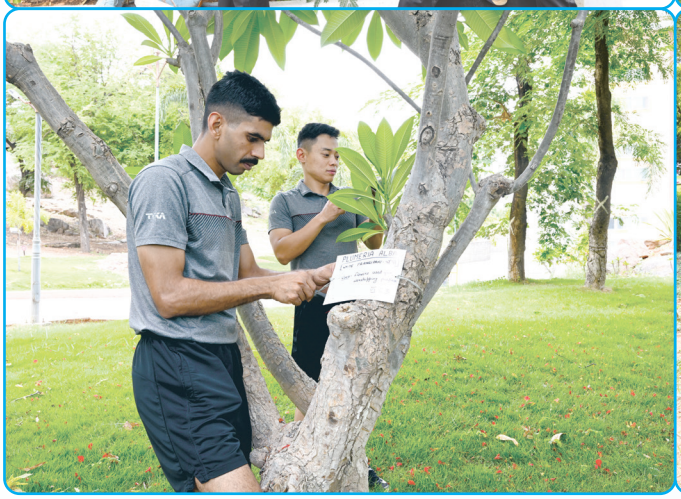




Lagerstroemia Indica
(Crape Myrtle)








श्री नरेन्द्र मोदी
Tree Plantation
NARENDRA MODI

Visit to Prajwala 76 RR






Visit for Surveillance Module 76 RR









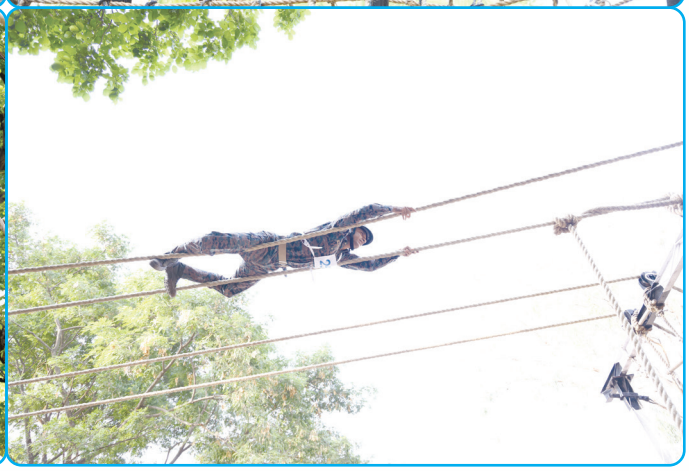







BOAC Module 76 RR



40 km Route March 76 RR






25 Km Navigation Route March 76 RR






Cycling Competition 76 RR






16 Km Run Cross Country 76 RR






14 Km Run 76 RR





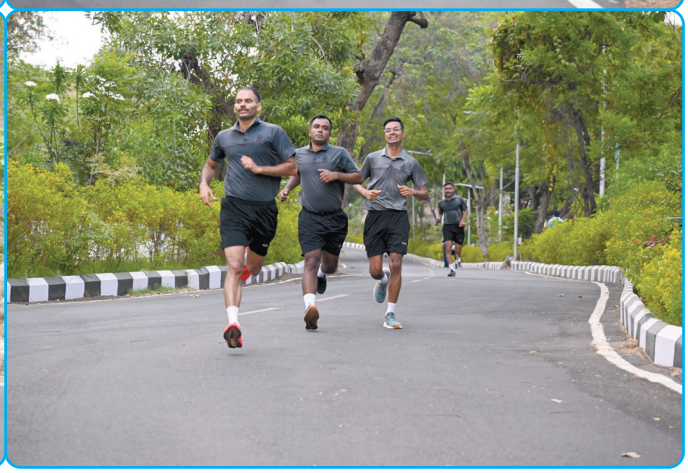

12 Km Run 76 RR






10 Km Run 76 RR












Visit to DEAF NGOs 76 RR









Visit to Vivekananda Senior Citizens Home 76 RR









Visit to Chanchalguda Central Prison 76 RR









Moot Court 76 RR









Basic Course

Shri Sanjay Mathur, IPS JD CCTNS NCRB





Basic Course

Shri Arvind Kumar, Addl. Director in IB





Basic Course

Dr. Aariz Aftab, IAS





Basic Course

Shri Vikraman, IPS SP NIA





Basic Course

Shri Sriram Taranikanti, IAS





Basic Course

Shri Abhay, IPS (Retd.)





Basic Course

Shri Pankaj Thakur, IPS





Basic Course

Shri Satish Kumar, IPS UP DMF





Basic Course

Shri Vijay Kumar, IPS ADGP Telangana





Basic Course

Shri Sheel Vardhan Sing, IPS DG CISF





Basic Course

Shri Tapan Deka, IPS Director, IB





Basic Course

Shri Atul Karwal, IPS DG NDRF





Basic Course Shri Bharat Chugh, Advocate Supreme Court, New Delhi





Basic Course Shri Pankaj Kumar Singh, IPS (Retd.)





Basic Course Shri Praveen Sinha, IPS Spl. Secretary, NSCS



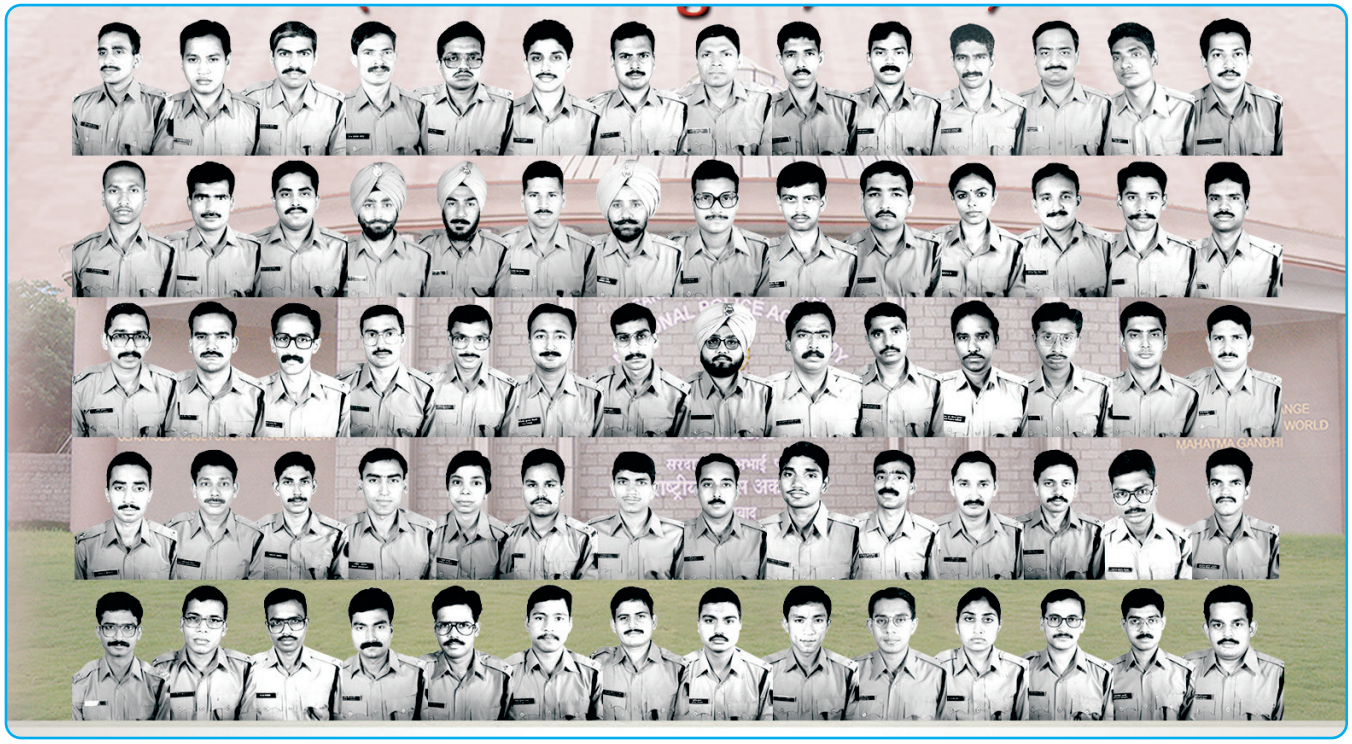


Basic Course Dr. Tarun Joshi, IPS CP, Rachakonda





35 Years Reunion Seminar of 1988 Batch (41 RR)





25 Years Reunion Seminar of 1998 Batch (51 RR)





25 Years Reunion Seminar of 1999 Batch (52 RR)





44th Induction Training Course

27th February to 06th April, 2023

ABOUT THE COURSE:

The "44th IPS Induction Training Course" a 06-week training has been conducted by the Academy.

OBJECTIVES OF THE TRAINING PROGRAMME:

- To acquire an all India perspective,
- To equip SPS officers with knowledge and skills required to manage a district charge, and
- To enable SPS officers to develop an understanding of modern Management Principles as applied to police working.
- Exposure to developments/advancements in policing at the International level.

Course Structure:

- Different modules were conducted/designed for the trainees during six (06) week training and they were also sent for Study-cum-Cultural Tour (SCCT) at Assam-Meghalaya, Gujarat, Kerala, Uttar Pradesh.

81 members attended the course

Bhushan Gulabrao Borase
Course Director





Introduction to Ethical Hacking for LEAs

10th to 13th April, 2023

ABOUT THE COURSE:

A 04 days Course on "Introduction to Ethical Hacking for LEAs" has been conducted by the Academy.

OBJECTIVES OF THE TRAINING PROGRAMME:

- To form the foundation for understanding practical concepts in ethical hacking.
- To introduce participants to various tools and techniques involved in ethical hacking.
- To understand various modus operandi involved in hacking and perform basic vulnerability assessments on their computers/web servers, and explore the various attack techniques for the same.
- To understand the modus of attacks with logical and technical clarity.

35 members attended the course

C. Vamsi Krishna
Course Director



Tactics Course - 62

24th April to 04th May, 2023

ABOUT THE COURSE:

A 02-weeks Course on "Tactics - 62" has been conducted by the Academy.

OBJECTIVES OF THE TRAINING PROGRAMME:

The objectives of the course were to make the participants conversant with

- The conduct of tactical operations in militancy/ extremist infested areas including urban, rural and jungle areas.
- The minor tactics and basic drills of CI Ops.
- Use of geographical area and weapons to their tactical advantage.
- Latest technologies in terms of weapons including non-lethal options, communication equipment Protective equipment & planning & conducting prolonged operations.
- Importance of engaging with the community in insurgency / extremism prone areas for success of CI Ops.



36 members attended the course

M. Sree Abhinav
Course Director

Mid-Career Training Programme - Phase III (21st Program)

10th April to 05th May, 2023

ABOUT THE COURSE:

The 21st Mid-Career Training Programme - Phase III 04-week program has been conducted by the Academy.

OBJECTIVES OF THE TRAINING PROGRAMME:

a) The main objectives of the Course were:-

- To prepare the IPS Officers for the "Next level competency"
- To enable them to possess the necessary skills and attitudes to discharge their responsibilities effectively
- Impart a Global perspective.

b) Theme of the Course:

"Honing Up Skills with a Global Perspective"

c) Course Structure:

Different modules were conducted for the trainees during the 4 weeks training.

The details of modules conducted for the trainees are as given below:-

i)Updating professional skills and knowledge
ii) Responsive Policing Welfare and Leadership
iv) Personal, Social and Professional attitudes, and
v)Innovations & Contemporary issues.

95 members attended the course

Bhushan Gulabrao Borase
Course Director





Mid-Career Training Programme - Phase IV (15th Program)

15th May to 09th June, 2023

ABOUT THE COURSE:

The 15th Mid-Career Training Programme - Phase IV 03-week program has been conducted by the Academy.

OBJECTIVES OF THE TRAINING PROGRAMME:

The overall goal of Phase-IV/15th program was to consolidate a culture of professional practice and to develop leadership and managerial skills among the Officers who are in the middle of their career. The phase provided a framework within which officers were able to integrate their practical experience with more formal understanding of police practices.

This Phase is intended to help them consolidate their experiences and help them analyze the current practices in developed countries in the light of the requirements of a modern police management. Emphasis would be on helping them with their skills in Human Resources management, strategic planning, directing and team building.

98 members attended the course

Bhushan Gulabrao Borase
Course Director





Mid-Career Training Programme - Phase V (15th Program)

26th June to 07th July, 2023

ABOUT THE COURSE:

A Two week "Mid-Career Training Programme Phase-V" for the IPS Officers of service of 24 years and above was conducted at the Academy.

OBJECTIVES OF THE TRAINING PROGRAMME:

The content of the programme is based on the syllabus suggested by the Committee chaired by Dr Trinath Mishra, IPS (Retd) and approved by the MHA. The Academy designed the programme after due consultations and deliberations with Senior Officers who participated in the earlier programmes of MCTP-Phase-V, focus group studies and their feedback emanated from the previous courses. The objectives of this programme are as follows under the theme "Leadership and Change Management"

53 members attended the course

Bhushan Gulabrao Borase
Course Director





Cyber Security and Investigation

08th to 12th May, 2023

ABOUT THE COURSE:

A 05 days Course on "Cyber Security and Investigation" for LEAs conducted by the Academy.

OBJECTIVES OF THE TRAINING PROGRAMME:

- To introduce the participants on latest developments in Cybercrime security
- To inculcate knowledge and make them understand about latest Cyber Laws
- To enhance their skills in investigation of cybercrime cases through Hands-on exercises
- To enable peer learning through group discussions on emerging cybercrime trends

33 members attended the course



Hari Prasath S
Course Director

Coordination among Police Department, Judiciary, Prisons and FSL and Speedy Trial & Efficient Prosecution

08th to 12th May, 2023

ABOUT THE COURSE:

A 05 Days Course on "Coordination among Police Department, Judiciary, Prisons and FSL and Speedy Trial & Efficient Prosecution" has been conducted by the Academy.

OBJECTIVES OF THE TRAINING PROGRAMME:

- To strengthen the capacity of all stake holders of CJS by identifying gaps and issues in co-ordination.
- Discuss/Brainstorm on proactive and innovative measures/case studies to improve co-ordination.
- Awareness of problems and issues faced by each other (agencies)
- General expectations from each other.
- Discuss required amendments in Substantive and Procedural Criminal laws for effective coordination among agencies.
- To discuss the required amendments for making procedural and substantive laws more simpler and speedy justice oriented, especially in the light of suggestions sought by Ministry of Home Affairs, from all the States, regarding amendments in Criminal Statutes.

88 members attended the course



Aditya Goenka
Course Director

Forest & Wildlife Crime Detection and Mob Management

15th to 19th May, 2023

ABOUT THE COURSE:

A 05 days Course on "Forest & Wildlife Crime Detection and Mob Management" has been conducted by the Academy.

OBJECTIVES OF THE TRAINING PROGRAMME:

- To give the requisite knowledge about wildlife crime, detection and investigations; its extent & magnitude; the need for interstate & transnational coordination that is
- connected to wildlife crimes; and the inputs relating to the mob management. The main objectives of the course are to acquaint the participants with the following:
- Understanding trends in Forest and Wildlife Crimes.
- Application of forensic techniques in investigation of Forest and Wildlife Crimes.

67 members attended the course



S. Sathyan
Course Director

Economic Offences

22nd to 26th May, 2023

ABOUT THE COURSE:

A 05 days Course on "Economic Offences" has been conducted by the Academy.

OBJECTIVES OF THE TRAINING PROGRAMME:

- To have a better understanding about the genesis and magnitude of economic crimes
- Review the existing laws, policing procedures and other control mechanisms for tackling such crimes.
- Analyze the limitations and constraints in enforcement and to suggest ways and means for their resolution.
- Appreciate current and future trends in economic crimes with a view to explore new strategies and tactics for effective tackling of such crimes.

65 members attended the course



Chaitanya S.
Course Director

Cyber Security & Investigation

05th to 09th June, 2023

ABOUT THE COURSE:

A 05 days Course on "Cyber Security & Investigation for Judicial Officers (I4C, MHA)" has been conducted by the Academy.

OBJECTIVES OF THE TRAINING PROGRAMME:

- Overview and major incidents of Cyber Crime and Threats.
- SoP of Handling Digital Evidences (PC, Laptop, CCTV, Disk, Storage Unit).
- Imaging/ Cloning, Hashing and importance of Write Blocker.
- Social Media and fake news investigation (Hands-on).
- Modus Operandi and current trends in digital payment frauds.
- Investigation of Crypto Currency related offences
- Introduction of Dark Web and Investigation (Hands-on)
- Introduction of OSINT (hands-on)
- Cyber Laws, Admissibility of electronic evidence and emerging challenges.

33 members attended the course

E. Sai Charan Tejaswi
Course Director



Use of Technologies in Policing-Learning from each other

12th to 13th June, 2023

ABOUT THE COURSE:

A 02 Days Course on "Use of Technologies in Policing-Learning from each other" has been conducted by the Academy.

OBJECTIVES OF THE TRAINING PROGRAMME:

◊ To disseminate information and showcase various innovative practices in technology launched by Police officers in States/UTs/CPOs that have addressed the objectives desired and are widely appreciated.

◊ To provide a platform for Police officers in States /UTs/CPOs to analyze, discuss and understand on the following themes:

- Stationhouse management
- Citizen Centric Service
- Cyber Crimes
- Tactics/Operations/Intelligence
- Law & Order/ General Crimes
- Traffic Management
- Immigration

◊ To enable the participants

- The utility of such good practices
- Challenges in implementation and ways and means to overcome them.

30 members attended the course

Aditya Goenka
Course Director



OSINT & Social Media

21st to 23rd June, 2023

ABOUT THE COURSE:

A 03 days Course on "OSINT & Social Media" has been conducted by the Academy.

OBJECTIVES OF THE TRAINING PROGRAMME:

- To train in skills, techniques, and tools to gather information from internet.
- Analyze the results from open source searches.
- Profile a person or an organization using OSINT.
- Social media platforms for gathering intelligence and information
- Long time analysis, sentiment analysis, trend analysis on social media.

45 members attended the course

(16 Foregin Officers)



Course Director
S. Sathyan

Urban Operations -17

31th July to 04th August, 2023

ABOUT THE COURSE:

A 05 days Course on "Urban Operations -17" has been conducted by the Academy. for the Police Officers of the State Police, Central Armed Police Forces (CAPFs) and Central Police Organisations (CPOs) of the rank of Dy SP to SP and equal level.

OBJECTIVES OF THE TRAINING PROGRAMME:

To make the participants conversant with;

(a) Mechanics of Urban Operations.

(b) Room Entry Techniques.

(c) Appreciate, Plan and execute police operations in any urban scenario.

(d) CQB Drills.

23 members attended the course



Course Director
M. Sree Abhinav

National Security

07th to 11th August, 2023

ABOUT THE SEMINAR:

A 05 days Course on "National Security" has been conducted by the Academy.

OBJECTIVES OF THE TRAINING PROGRAMME:

To increase awareness of the participants regarding different sources and dimensions of threat to national security.

To sensitize the participants to latest emerging trends-domestic as well as international-affecting national security.

To enable the participants to understand the nuances of national security challenges emanating from multiple sources, and deliberate on ways and means to promote adequate preparedness to counter the same.

To promote inter-service interaction and enhanced Civil Military co-operation for a holistic approach to national security issues.

84 members attended the course



Course Director
Hari Prasath S.

Cyber Crime Investigation

21st to 25th August, 2023

ABOUT THE COURSE:

A 05 days Course on "Cyber Crime Investigation" has been conducted by the Academy.

32 members attended the course



Course Director
Bhushan Gulabrao Borase

Mid-Career Training Programme - Phase III (22nd Program)

04th to 29th September, 2023

ABOUT THE COURSE:

The 22nd Mid-Career Training Programme - Phase III 04-week program has been conducted by the Academy.

OBJECTIVES OF THE TRAINING PROGRAMME:

a) The main objectives of the Course were:-

- To prepare the IPS Officers for the "Next level competency"
- To enable them to possess the necessary skills and attitudes to discharge their responsibilities effectively
- Impart a Global perspective.

b) Theme of the Course:

"Honing Up Skills with a Global Perspective"

c) Course Structure:

Different modules were conducted for the trainees during the 4 weeks training.

The details of modules conducted for the trainees are as given below:-

i)Updating professional skills and knowledge
ii) Responsive Policing Welfare and Leadership
iv) Personal, Social and Professional attitudes, and
v)Innovations & Contemporary issues.

92 members attended the course

Course Director
Bhushan Gulabrao Borase










Advance Training in Vigilance Investigation

04th to 06th September, 2023

ABOUT THE COURSE:

A 03 days Course on "Cyber Crime Investigation" for CVOs has been conducted by the Academy.

OBJECTIVES OF THE TRAINING PROGRAMME:

- To get in-depth knowledge in the area of Vigilance Investigation.
- To get acquainted with organisational structure and to understand the work flow.
- Interface with the other investigating agencies.
- Peer group learning and experience sharing.

27 members attended the course



Course Director
Chaitanya S.

Indian Statistical Service

11th to 15th September, 2023

ABOUT THE COURSE:

A 05 day Course on "National Security" has been conducted by the Academy.

OBJECTIVES OF THE TRAINING PROGRAMME:

- Use of statistics in Forensic. Science.
- Role of Statistics in National Security Error analysis
- Yes, topics are related and relevant to ISS. Role of statistics in national security can be further added.
- Yes the topics were relevant. Role of statistics in national security , policy and forensics
- All topics were relevant and useful
- More focus on role of Statistics in Forensic sciences
- Yes. specifically, data security and evidence collection.
- Course period to be increased so we cover topics in broad way like as artificial intelligence
- Machine Learning and AI for better analysis

55 members attended the course



Course Director
S. Sathyan

Two weeks Training Programme for 75th IRS (C&IT) Batch OTs

08th to 19th January, 2024

ABOUT THE COURSE:

A 02 week training programme was conducted for the Officer Trainees of 75th Batch of IRS (C&IT) at the behest of National Academy of Customs, Excise Indirect Taxes & Narcotics, Ministry of Finance (NACIN), Department of Revenue, Palasamudram, has been conducted by the Academy.

OBJECTIVES OF THE TRAINING PROGRAMME:

The training at SVPNPA, Hyderabad is an integral part of training of Officer Trainees of IRS(C&IT) since the OTs not only acquire significant skills but this exposure also enables them to develop a well-rounded perspective about working in coordination with officers from other services and develop a life-long camaraderie. This attachment is focused on development of specific skills such as familiarization with Fire arms, UAC & cyber forensic and cyber laws, handling digital evidence, mobile forensic, CDR & IPDR Investigation and other matters of common interest of Customs and Police Departments & Inter-gency co-operation.



19 members attended the course

Course Director
Ajit Pratap Singh

45th Induction Training Course

08th January to 16th February, 2024

ABOUT THE COURSE:

A six week '**45th IPS Induction Training Course**' for State Police Service (SPS) officers inducted into IPS, officers attended the course in various States has been conducted by the Academy.

OBJECTIVES OF THE TRAINING PROGRAMME:

The main objectives of the Course were:

- To acquire an all India perspective,
- To equip SPS officers with knowledge and skills required to manage a district charge, and
- To enable SPS officers to develop an understanding of modern Management Principles as applied to police working.
- Exposure to developments/advancements in policing at the International level.



87 members attended the course

Course Director
Dr. A Srinivas

Basic Cyber Crime Investigation

05th to 09th February, 2024

ABOUT THE COURSE:

A 05 days Course on **"Basic Cyber Crime Investigation"** conducted for the officers of the rank of ASP/ DSP to Inspector General of Police, from various States/UTs/CPOs/CAPFs, has been conducted by the Academy.

OBJECTIVES OF THE TRAINING PROGRAMME:

- Introduction to various Types of Cyber Crimes & Its Modus operandi
- Appreciation of Digital Evidence
- Refresher to Digital Forensics Imaging/Hashing/ Write blocker (Significance of imaging/hashing in forensics)
- CCTV Video Enhancement (Hands-On)
- Mobile Forensics, Acquisition of Data from Mobile Devices, & Forensic Analysis (Theory & Demo)



40 members attended the course

Course Director
Bhushan Gulabrao Borase

Tactics Course - 63

12th to 23rd February, 2024

ABOUT THE COURSE:

A 02 Weeks Course on "Tactics-63" for the Officers of the rank of SP, Addl. SP, Dy. SP from States and equivalent ranks from CAPFs/CPOs. officers has been conducted by the Academy.

OBJECTIVES OF THE TRAINING PROGRAMME:

The objectives of the course were to make the participants conversant with;

- The conduct of tactical operations in militancy/ extremist infested areas including urban, rural and jungle areas.
- The minor tactics and basic drills of CI Ops.
- Use of geographical area and weapons to their tactical advantage.
- Importance of engaging with the community in insurgency / extremism prone areas for success of CI Ops.



27 members attended the course

Course Director
M. Sree Abhinav

Mid-Career Training Programme - Phase III (23rd Program)

12th February to 08th March, 2024

ABOUT THE COURSE:

The 23rd Mid-Career Training Programme - Phase III 04-week program has been conducted by the Academy.

OBJECTIVES OF THE TRAINING PROGRAMME:

a) The main objectives of the Course were:-

- To prepare the IPS Officers for the "Next level competency"
- To enable them to possess the necessary skills and attitudes to discharge their responsibilities effectively
- Impart a Global perspective.

b) Theme of the Course:

"Honing Up Skills with a Global Perspective"

c) Course Structure:

Different modules were conducted for the trainees during the 4 weeks training.

The details of modules conducted for the trainees are as given below:-

i)Updating professional skills and knowledge
ii) Responsive Policing Welfare and Leadership
iv) Personal, Social and Professional attitudes, and
v)Innovations & Contemporary issues.

70 members attended the course

Course Director
Dr. A Srinivas










Advanced Training in Vigilance Investigation for CVOs

26th to 28th February, 2024

ABOUT THE COURSE:

A 03 days offline Induction Training Programme for Advanced Training in Vigilance Investigation for CVOs has been conducted by the Academy.

OBJECTIVES OF THE TRAINING PROGRAMME:

- To get in-depth knowledge in the area of Vigilance Investigation.
- To get acquainted with organisational structure and to understand the work flow.
- Interface with the other investigating agencies.
- Peer group learning and experience sharing.

26 members attended the course



Course Director
S. Sathyan

OSINT Social Media Analysis

04th to 08th March, 2024

ABOUT THE COURSE:

A 05 days Course on "**OSINT & Social Media Analysis**" for officers of the rank of ASP to Inspector, General of Police officers from various States/UTs/CPOs/CAPFs has been conducted by the Academy.

OBJECTIVES OF THE TRAINING PROGRAMME:

The following methodology was adopted to achieve the Course Objectives:

- Discussions and presentations on the topics.
- Hands-on Training.

32 members attended the course



Course Director
Bhushan Gulabrao Borase

मुश्किल है माँ

तेरे ऋण से उऋण होना मुश्किल है माँ,
जो तूने किया वो करना मुश्किल है माँ,
घर का बोझ अकेले ढोना,
कभी ना थकना, कभी ना रोना,
मुश्किल है माँ,
तेरे ऋण से उऋण होना मुश्किल है माँ,
जो तूने किया वो करना मुश्किल है माँ,

वरना ऐसे भला कौन किसी को नौ महीने ढो सकता है,
ये केवल तू माँ है जिससे ये सब हो सकता है,
उल्टी आना, जी मिचलाना, फिर भी न घबराना,
नौ महीने की पीर को अपने बच्चे की ख़ातिर सह जाना,
मुश्किल है माँ,
तेरे ऋण से उऋण होना मुश्किल है माँ,
जो तूने किया वो करना मुश्किल है माँ,

ये कहना कि जो तूने मुझे दिया है वो ऋण मैं लौटाऊँगा,
ये ऐसा है मानो मकाँ नींव को बोले की मैं तेरा बोझ उठाऊँगा,
मुश्किल मगर है मूल तेरा लौटना, कोशिश मेरी ब्याज ज़रूर लौटाऊँगा,
ऐसा भी ग़र हुआ ना मुझसे, तो खुदको क्या ख़ाक सफल कह पाऊँगा,
इतना आसान थोड़ी है ये सब कह देना और कर जाना,
मुझे पता है मुश्किल है माँ तेरे जैसा हो पाना,

अब तो बस यही कह सकता हूँ माँ,
जीवन भर तेरा ऋणी रह सकता हूँ माँ,
क्यूँकि पता मुझे भी है कि,
मुश्किल है माँ,
तेरे ऋण से उऋण होना मुश्किल है माँ,
जो तूने किया वो करना मुश्किल है माँ,
मुश्किल है माँ, मुश्किल है माँ.....



Alok Kumar, IPS
(75 RR)

Questions

1. When this scientist was asked about his feeling after his most famous 'discovery'. He said ,"I remembered the line from the Hindu scripture, the Bhagavad-Gita... 'Now I am become Death, the destroyer of worlds.'" Who was this scientist at the center of discussions recently?

2. The English National Cricket team is considered to have adopted a new approach to test cricket which consists of aggresive run scoring and risk taking. This approach is credited to the new head coach Brendon Mccullum on whose nickname it is named too. What's the term for this new approach/style?

3. Which Chennai based organisation has in its logo the divine cow Kamdhenu on the left, Divine elephant Airawat on right and the map of India and a conch at the center?

4. This famous author wrote two books in the year 2008. The first book won him the Man Booker Prize for the year. The story of second, dealt with the time period between unfortunate killings of two Prime Ministers of India. Name the author and the second book?

5. This IPS officer from 32 RR was an ace swimmer who held national record for 100 m breastroke event. He was also awarded the Asiad Jyoti for organising the swimming events at the Asian Games in New Delhi. Unfortunately, he was assassinated by militants in Punjab in 1987. Name the IPS officer.



Dinesh Pratap Singh Rathore, IPS (75 RR)

Answers.

1. Robert J. Oppenheimer
2. Bazball; Brandon Mccullum has nickname Baz
3. The Hindu Group/Kasturi and Sons Ltd
4. Arvind Adiga, Between the Assassinations
5. A S Brar, On whom the NPA Swimming Pool is named after.

NPA training was supposed to be a life-changing, personality-altering experience of our lives. Greyhounds, to me, was the ultimate test of whether the training changed me in my way from what I used to be. I, like most Indian women, was raised to be scared of things - of dark spaces, of walking in the night, of peeing in public washrooms, of looking and smelling bad. All these and worse were about to happen. This, right there, was a giant trigger for anticipatory anxiety. For one Sunday, after CSWT attachment, I worried incessantly- how would I survive without a toilet, about an impending UTI, about getting stomach aches, about carrying at least 15 kgs on my back, about living outside, and ad infinitum.

But then came Monday and I forgot to worry. Between PT and moot courts and myriad of other activities in the usual NPA schedule, I actually just let that go. That never happens. Worry used to be an integral part of who I am and I was not worrying about something that was touted to be the toughest part of an already tough training. So, here I was - preparing but not worried. This was the new me - that NPA shaped me invisibly but incessantly.

The first day, right before leaving for the jungle, after the already tiring stint in the Greyhounds academy, I called my mother and the moment I heard her voice, I teared up. I quickly concluded the call and shed a few tears. I don't even know why I cried - I was scared, yes, but I've been scared before route marches and before PT QBAs but didn't cry. It may be that there would be no sense of comfort of coming back to your comfort zone after a difficult day. It may also have been that i would be out of contact with people I love. If greyhounds allowed phones, the difficulty would have reduced significantly. At the end of the day, as cheesy as it might sound, people you love just pull you through a difficult situation. Little did I know that difficult situations can broaden your circle of loved ones.

The first night was the most difficult experience - we carried the whole weight (around 15 kgs for me) and walked and walked. I took a watch with me - seeing the time passing by was the only hope that I saw at the end of the darkness. I knew we had to stop sometime, somewhere. Contrary to expectations, I didn't cry, get annoyed or angry. I even found it in me to empathise with my platoon-mates. I helped some out, cracked a few jokes and walked. I didn't even get annoyed when I was woken up by a squad mate to perform sentry duty just half an hour before everyone was supposed to wake up.

But then days passed, we went further hundred miles away from the zone of comfort and just stayed there. The experience in hindsight was almost hysterical. I felt the highest highs and the lowest of lows. I saw how on a rainy night with no cover, I and two others made a makeshift tent on a tree. We huddled together to avoid the cold. I saw how one brave woman of our platoon, despite Asthma and despite the weight she carried, held her own - happily. She lit the fire like a pro and cooked for us. I saw how kindness can just percolate out of people - Dendup sir never rested at LUPs - he cooked enough food so no one went hungry at any time of the day. In those lowest of the low moments, in the scorching heat of the day or the rainy night, my squad-sister just pulled me through. She refused to let me be defeated - even by myself. She strictly forbade any kind of sulking. I remember one night when she had sentry duty at 1 am and I had to replace her at 1:45 am. She could have slept but she stood with me through those 45 minutes, and we talked and gazed at the stars.

That moment was worth the pain of the last day when after reaching LUP for the last operation, we were wet, muddy and tired from walking on hills and through rice fields. I didn't even take out my black sheet and just collapsed on, yet again, Dendup sir's mat. I remember four of us - Tarun, Lalit, Dendup Sir and me were just comatose on that mat, with Dendup sir's food and Lalit's words keeping us company. When time came to get up, I really couldn't. My legs were shaking, I was cold and every cell of my body wanted to keep lying that dirty, muddy mat. But then Tarun got up quickly, started packing everything. So did Lalit and Dendup sir with an excited urgency. They said it's the last of all operations. We are going home. Their energy somehow seeped into me and I moved. That morning, each step was measured. I just moved and moved until Lalit, the team leader made sure that my position in the cut off party was most comfortable and asked me to rest till further orders. I sat their and almost cried again - I can't say why but everyone's

Love and kindness in the attachment just overwhelmed me. I was prepared to be made tough but not for the love I would feel for each one of my platoon mates.

At an individual level, I realised how much power preparedness has in any difficult situation. The better you plan and prepare, the easier it is to endure difficult situations. I made lists, I talked to people who already went in the first batch, I coordinated with Anushtha and Akansha. All that led to my bag being much lighter than what it could have been otherwise. I barely carried any food, some toiletries and almost the whole weight was of water. I also managed to keep myself hydrated and the thing I was most dreading - a UTI didn't happen. I even managed to poop in the forest - twice! I didn't get sick even once and I came back healthy too. Aside from general exhaustion, nothing happened.

But at a broader level, I realised that you don't really need to be tough commandos or super emotionally-intelligent robots to survive difficulty. You just need one Rishabh, one Kudiarasu, One Dendup Sir, a squad immigrant like Tarun, two great women, one Lalit, one gang of people you can joke with and philosophies at the same time ("Naam nai lungi"). This is all. You need friends



Vagisha Joshi, IPS
(75 RR)

When I came to NPA, I heard many things about the training but the most common one was that 'the training in NPA is highly injury prone.' I was somewhat physically fit even before coming to NPA. So, I used to involve in every physical activity enthusiastically actually overenthusiastically. My Platoon mates and batchmates used to tell me be careful, you have to keep your training injury free etc. I never thought that I can be injured but on one fine day that is 29th March 2023 my left shoulder came off in Artificial Wall Climbing.

On 24th of March, first day of Artificial wall climbing module I successfully climbed the Right-side artificial wall. My next target was to climb the left side of the wall which is completely inclined after one point. I knew it is going to be very very tough. So, I went to the artificial wall on Sunday afternoon clicked the photograph of the wall and planned each and every step. I tried to visualise the event and gathered some information how to climb the difficult holds etc etc. I also write a diary before any important event mentioning why I need to do this, how I can do this and what is at the stake. "I know I can be hospitalised while climbing the wall but I will give my 100% efforts" this was the exact line I had written in my dairy before the accident. On Wednesday i.e 29th March 2023, I started climbing the wall, everyone was cheering and I had completed almost 70-80% of the wall but at that point of time there was one awkward hold in which all the bodyweight came on my left shoulder and it came off. Durgaji and Jayvir took me to the Continental hospital. After the MRI doctor detected Bankart Lesion and suggested a surgery with recovery time of about 3 months.

Just after the doctor's diagnosis I got the call from Rijul, he asked what happened I said Career khatm ho gaya bhai. I was not able to move my left hand. While traveling with every bump of the vehicle I was getting pain in the shoulder. I could not sleep properly due to pain. I couldn't even able to wear my cloths or tie the lace of shoe. I was going to miss my ITBP module, firing module and the ongoing classes. I was thinking how I will do the chin ups, push ups, route marches etc. So many thoughts were running over mind and the future was looking dark. But after initial shock I tried to stabilise myself and focused on how I can ensure my speedy recovery.

How did I overcome the injury?

Following three pillars played a pivotal role in coming over the injury just in a span of 20 days.

1. Support system- I consider myself so fortunate to get such an awesome platoon and great friend circle at NPA. I was never alone during the time of injury. All the friends used to come to my room and we had lunch and dinners together. When I was in hospital my platoon created the concept of HDO Hospital Duty Officer, one of the platoon members used to come to the hospital to give me company. Twinkle sent me a long text explaining how to handle the injury it helped me a lot to handle to injury positively. My DIs and ADIs told me you are very fit you will easily complete the training and you won't be requiring surgery. It is just because of such a great support system I could able to handle my injury comfortably.

2. Physiotherapy – I took regular sessions of the physiotherapy by Shafi sir, Kadar sir and Veda mam. They took lot of care of me. The physio helped me avoid the surgery and gave me relief from the pain.

3. Positive Mindset – Any injury will hurt you more emotionally than physically. Just a day before you are doing every physical activity very easily but suddenly you can't do even a basic thing without anyone's help. This gives negativity and naturally a depression. So, to save yourself from negativity becomes a challenge. The best thing in my case was that I never had a regret about the injury. I wanted to climb the wall, I wanted to take the risk, I knew it might lead to hospitalisation so it is okay. Time heels everything and this injury too going to be okay after some time. I considered it as a temporary pause from the regular schedule. When you get such a shock, best thing to absorb the shock is to

ensure the normal schedule for the day. I made a nice schedule at the Hospital, I used to go to the physio, I used to read good books, watched good movies, in evening had a round of stadium etc. The book by Bhismraj Bam sir Vijayache Manasshatra, the movie Baggio: The Divine Ponytail was very relatable they showed how to carry your mind in injury. During all the days of hospitalisation I never had a depressed face I just enjoyed the rest for 15-20 days. I never felt like a victim - why this has happened to me, I just accepted it as a part and parcel of the training and obviously my adventurism. This positive attitude ensured my early recovery.

The quote by Jeremy Lopez is very apt here, "What that doesn't kill you makes you stronger." Though I faced issues in initial days of my recovery but over a period of time my injury made me both physically and mentally tougher. Injury never decreased my determination and commitment towards the training rather it made me more resilient. I got the time to think over myself, the bond with my friends become stronger, I started to do single handed chin ups, I did peacock etc. The Injury certified the thing that whatever happens in life, happens for good. The injury was unfortunate but it surely helped me to become a better version of myself.



Ramteke Sumit Sudhakar, IPS
(75 RR)

In April 2023, a group of IPS probationers was sent to an ITBP attachment, where we were tasked with rock climbing - a challenge that would test our physical and mental strength.

ITBP had planned four rock craft activities for us, which included seat rappelling and knot climbing. The latter, in particular, proved to be a formidable test for me. Before attempting the knotted rope climb, few female probationers had tried and failed, leaving an apprehensive air hanging in my mind over the activity. I remember before beginning of the activities our instructors had given us a demarcation based on the supposed difficulty of scaling a rock. As if human-made distinctions weren't innumerable, natural rocks were also differentiated as 'male' and 'female'.

With a fire burning in my heart, I made a silent vow to my four year old little one, that I would conquer this daunting task, no matter what, just as he imagines me to. As I began the climb on the 'knotted rope', my resolve was immediately put to the test. Slippery hands and aching muscles threatened to give in, and each breath was a battle in itself. Yet, I persevered, refusing to let go of my determination. I couldn't make out a single distinct voice, but I knew each batch mate of mine was screaming at the top of their voice to literally push me to the top.

After what felt like an eternity, I finally reached the top, and a sense of accomplishment washed over me like a warm embrace. But the story doesn't end there. As I stood victorious, I witnessed a remarkable transformation among my fellow female probationers. The sight of someone achieving the supposedly impossible task had shattered the barrier of doubt in their minds. One by one, they took on the challenge and succeeded, inspired by the newfound belief that they, too, could do it. That feeling of not letting go now has captured all of us.

This experience brought to mind a fascinating historical parallel - the US-Russia space competition. When the United States struggled to launch a satellite into orbit for years, the experts were left dumbfounded when Russia successfully launched Sputnik. Yet, within three months of that momentous event, the US also achieved their satellite launch. It illustrated how the success of one can fuel the confidence and determination of others to conquer seemingly insurmountable challenges.

With this newfound confidence, I didn't stop there. I sought out another climbing task, one originally designated for male officers. Initially even trying to scale it seemed more than enough. At worst, I would just come back from half-way. But once again, bit by bit, breath by breath, Undeterred, I tackled it with determination, proving that I was capable of much more than I had ever imagined.

Once you've scaled nature, artificial wall climbing seemed just like a child's play and I was elated that I went as high as any other male probationer. Looking down from the wall, both my hands occupied in sticking myself to it, I could just see the smile of me little one.

And so, this journey of rock climbing in the picturesque landscape not only taught me resilience, determination, and the joy of overcoming challenges but also inspired others around me. It was a reminder that the path to greatness is often paved with moments of uncertainty, but with the right attitude and the right people any altitude is possible.



Usha Yadav, IPS
(75 RR)

The lazy mornings,
And the strange dance of soul…
Being fixed on a spot,
Yet moving!
As if my being becomes a tree!
Birds of all hues,
And tails,
Plays the band,
So noisy they are,
Like little girls,
Chirping, calling, hooting!
My book becomes a bed,
For dear lovely Ants
They explore it!
And my book is glad!
The shadows Come and Go,
Following the truant Sun!
From Far-Far behind,
Comes the inviting,
Kaa-kaa-kaa-koo !
The greeny creeper falls,
In messy curls,
Entangled, wayward,
Beyond the stares,
Of Ma'am Discipline!!!
And!!..Ms Gaiety's fav!
The Eagle stares,
As if annoyed!
So goes the dance of soul,
I as a tree, stand still,
And observe,
The rhyme within!

एक बूंद बनी नदी

एक बूंद बनी नदी
चली कभी उछलतीं
कभी गरिती
कभी झूमतीं
लिए एक स्वप्न मन में
पथ है मुश्किलि
सुरख़ रेत में
मलिकर खो ना जाए,
कभी मलि ना जाए
कसिी क़ैद तालाब में
जहाँ ना राह
जहां ना चाह ॥

पर ! पर ! स्वप्न भी
है जोश में
हस्ता है- तू पागल है
क्यों डरती है
क्यों भागे आपने तत्व से
खोया तो वो है
जो कभी चला नहीं
जसिने ना छोड़ा
वो छोर
बैठा रहा, मन को सीमेट कर
ना बढ़ा कसिी ओर
वो मन ही मनन में रह गया
ओर रह गया मन का मन में

नदी घबराई
हुई सनन् सनन्
फरि लेकर अपना स्वप्न
चली .. थोड़ा इधर थोड़ा उधर
सोचती क्या मलिगा
दर्श नीर-नधिि नरि्मल ॥
नीर नीर मलिगा या
नीर होगा नीरस
नीर नदी नीत नकिल चली
क्या होगा
पता नहीं
नीर-नति तक
या नीर नरिस॥



Shivangi Goel, IPS
(75 RR)

Community Policing in India: Benefits and Prospects

As an Officer Trainee of Indian Police Service, we usually come across many projects of Community Policing in different parts of the country such as Ummeed project, Delhi Police; Maithri, Andhra Pradesh; Friends of Police, Tamil Nadu etc. For utilizing it effectively in day-to-day policing, we must need to have a basic understanding of the concept of Community Policing and how can it help us to maintain law and order situation.

During colonial period, India as well as all the colonial countries, police were used as a tool of autocratic government to enforce government policies callously. This resulted in negative perception for police among the general public in the country. On the other hand, police are the most visible representative of government who anyway has to deal with people directly at the time of any crisis, danger or difficulty. The major role of policing is to detect and investigate the crime as well as to maintain law and order while protecting life, property, liberty and dignity of the public.

Community Policing is one of the most utilitarian reforms in police administration. It is a substitute policing approach where police work with the consultation, association and partnership with community as a whole. The philosophy behind Community policing is that every citizen is police personnel without uniform and every police personnel is citizen in the uniform. The three parts of community policing are community partnerships, organizational transformation and problem solving. Here, people have the opportunity to decide how police services are to be carried out in the society. It allows them to have greater voice in addressing their concerns and make society an indispensable participant in the process of development. It is also based on the philosophy that it is not possible for police alone to reduce crime and maintain law and order without effective participation of society and its people.

The advantages of community policing are to remove fear from the minds of general public regarding police, redress grievances of public, development of trust between police and public, positive attitude towards police which would ultimately result in detection of crime, arresting the accused as well as peace in society.

Though the concept of Community Policing in India has been evolved in 1980s only, laws of the country already imposed certain behaviors for citizens of the country. Section 37 of CrPC 1973 imposes duty on the public to assist Magistrate/ Police officer; non-compliance is punishable under section 187 of IPC. Similarly, Sec 38 of CrPC protects the person who renders aid in execution of warrant. Under sec 39, every person is bound to provide information about certain offences. Sec 40 imposes obligations on village officers and residents of such village to intimate commission of any offence to Magistrate or Police officer. POCSO also imposes duty on public to inform Magistrate/ Police officer regarding commission of any offence against children.

However, the law is not followed in its letter and spirit as public has misconception and ill perception about police that if they would inform regarding any offence to police, they would be called again and again to the police office and will be harassed in due course of time. Community policing can narrow this gap between police and public. Community policing has potential to provide enormous results with public support and cooperation as an effective mean to combat the crime. There could be more awareness programmes to sensitize people that police are for help of public. They need not to be afraid from them. This can be achieved through the initiatives from not only police but also from community and public.

Effective and efficient law enforcement is the basic sign of good governance. Police being the most visible representative of government should be more dynamic as per changes in the nature of society. To make administration in line with police state to welfare state in reality, police must use the benefits of community policing for effective law enforcement.



Bushara Bano, IPS
(76 RR)

Quizzing in India has evolved from being a mere test of memory recall to being a *'mindsport'* using lateral thinking. The questions are crafted in a manner such that the answer seems tantalizingly within reach in some recess of your brain. It's a bit like crime scene investigation where unravellings multiple clues with the help of your team leads you to the answer.

One such quiz was conducted by the LPCA&P Society on the 9th of December, 2023. It was the first event of 76RR to be held in the imposing new auditorium. I had the privilege of being the Quizmaster, bringing into play nearly 2 decades of quizzing experience. Here are some choicest picks to tickle your grey cells:

Questions

1. X said this in 1947 - *"Pakistan attempted to set off Kashmir against Junagadh. When we raised the question of settlement in a democratic way, they (Pakistan) at once told us that they would consider it if we applied that policy to Kashmir. Our reply was that* ***we would agree to (give them) Kashmir if they agreed to (give us)*** *_____."*
   When Mountbatten conveyed this to Pakistan PM Liyaqat Ali he retorted: *"Sirdar Saheb, have you gone out of your mind? Why should we leave a province larger than Punjab (i.e _____) and settle for some mountain rocks (i.e Kashmir)?"*
   Who is X? X was willing to hand Kashmir over to Pakistan **in exchange for what?**

2. What modern English word comes from Latin *"comes stabuli"* (meaning 'Count of the Stable') which referred to a Roman officer responsible for the horses in the stable intended for use by the army and the imperial court?

3. The study of this '*infectious*' and mostly involuntary activity is called Chasmology. Over 20 biological reasons have been proposed yet nobody can clearly say why it's done - the latest theory being that it serves to cool the brain. The earlier theory that it is meant to increase oxygen levels in the blood has been disproved by experiments in the 1980s.
   Babies in the womb do it too and strangely even athletes and swimmers at their starting blocks. What is chasmology the study of?

4. *Dhivehi* is the national language of **which country**? It arose as a form of Prakrit and the name comes from *Divu + vehi* which means "*island dweller's language*".
   The only other place in the world where Dhivehi is spoken as a local language is an island in India. Which one? Clue: both answers begin with the same letter

5. These are the reasons cited for which choice of international significance?
   -It is the longest day of the year in the northern hemisphere
   -It marks the transition to Dakshinayana
   -Shiva, *the first* _____, is said to have begun imparting a certain kind of knowledge to the rest of mankind on it.

6. What was introduced by the British in India to overcome the monetary losses they suffered due the 1857 War of Independence?

7. *"The Magical Number _____, Plus or Minus Two: Some Limits on Our Capacity for Processing Information"* is one of the most highly cited papers in memory psychology by George Miller in 1956. Miller conducted a variety of short term memory tests and found that subjects could hold about __ items in memory at once. Often called *Miller's Law*, it states that the number of objects an average human can hold in working memory is __ ± 2.
   What is this **number**?

8. These are different explanations for what **convention in the world of sports**?
   - Tradition from ancient Greece
   - enables Standardization and uniform comparisons
   - biomechanically less stressful on the heart (which is directed towards the left)
   - Develops muscle memory by adapting our bodies asymmetrically (reduces injury risks associated with constant turning)
   - Due to Earth's rotation, it actually confers a slight advantage of faster time

9. *Mac* or *Mc* in MacDonald, McKinley, Maguire;
Ben in Benjamin;
Fitz in Fitzgerald, Fitzroy;
ez in Rodriguez, Lopez, Martinez;
ov, *ovich* in Pavlov, Ibrahimovic;
poor in Shapoorji and *oglu, zade* in Turkish names
What **common meaning** do all these name-roots have?

10. The giraffe has the longest neck among all land mammals. **Which animal** has the longest tail of any land mammal?

Answers

1. X is Sardar Patel; the blank is Hyderabad
2. Constable
3. Yawning
4. Maldives; Minicoy Island
5. The choice of June 21 as the International Day of Yoga
6. Income Tax
7. Seven
8. Why athletic tracks run anti-clockwise
9. "Son of"; Just like son in Wilson, Jackson; bin and ibn in Arabic names, putra in Brahmaputra and so on.
Some languages have female counterparts like bint, ova, putri meaning 'daughter of'
10. Giraffe itself!



Syed Mustafa Hashmi, IPS
(76 RR)

Hamid wished he had been there.

He had never been the most compliant of children. His nature did not allow him to be. He found it tiring to dwell around in the house for hours on end, when there was an entire world to be explored outside. The trees seemed to be calling out to him, the leaves spoke a language he wished to decipher, and the birds sang notes that no human could. He knew, and his family knew, that it would be futile to ask him to stay in the house, for he could not.

So, he did not listen to his father on that day either, when he specifically asked him not to venture out for any reason whatsoever. He was a seven-year-old, and he did not understand the concept of civil war. To him, war only meant fisticuffs with his friend Azhar from across the street. He did not know that he would be getting a crash course on the realities of war very soon.

Al-Haffah in Syria is located at the foothills of the coastal mountains in Latakia. Hamid had explored the city for three or four hours every day since he turned six, and yet there were always new places for him to visit. But his favourite place by far was the big banyan tree a few hundred meters from his house. He loved climbing to the very top and gaze at the beauty that was Nature. His house was perfectly visible from there, and he had seen his beloved Amma going about her daily chores from the top of the tree many times.

The date was 5th June, 2012. Hamid's father had bolted the door and all the windows, probably because he did not want his son to venture out. That was what Hamid decided anyway. But that did not stop him. He managed to unbolt the door when his father wasn't looking, and then ran away before he could be caught. He fled to his favourite tree, and was soon nestled amongst the branches in no time.

Perched upon the highest branch, Hamid gazed out at his town. He had spent five years there, when they had relocated from Damascus. He had been but a toddler then. He remembered holding onto his mother's finger as he had moved into their new house; he remembered bawling his lungs out when he came to know that he would no longer be able to play with his friend Jamal, and he remembered being angry at his parents for taking him away from his house in Damascus. But he soon fell in love with this beautiful and peaceful town.

It was no longer as peaceful as before though. Certain people with big guns had started to visit their town often. Hamid hated them, for when they came, he was always locked in his room, so he could not wander out of the house. He gazed at his house and could make out the small figure of his Amma washing clothes at the well behind their house. Poor Amma. She had spent her life listening to the sound of splashing water; she would never know the beauty of the songbirds on the banyan tree.

It was then that he realized it.

In all the time he had spent climbing the tree, he had never felt it being that silent. There were no birds chirping, not a single leaf was rustling, and he could not see any songbird in their usual nests. The tree was utterly silent, like someone looking at his favourite place for the very last time.

Hamid was about to give in to his misgivings and run back home when it began.

A deafening noise shook the tree to its core, and then an explosion nearly threw Hamid off his branch. As he looked out at the town again, he saw a house at the end of the road had disappeared. Before he could gather his wits, another explosion followed, and within a few minutes the beautiful town that he had known had disappeared into a pile of rubble. The trees he had picked fruits from, the shops he used to buy his books from, his school where he had been regularly punished for always being late- all had been wiped off the face of the earth.

But Hamid did not care. He had stopped feeling anything after he had seen his house explode. His little heart refused to believe that anything had happened to his Amma. She was fine, she was probably hiding somewhere. He decided to wait till the explosions stopped. His mother would find him then. She knew where he would be.

Another explosion rocked his house. Amma would be fine.

Hamid wished he had been there.

Abdullah wished he had not been there.

He had enrolled in the army last year in March, when it had been apparent that his country was on the brink of civil war. He knew that the best possible way to protect himself and his family from being massacred by the government was to enlist as an enforcer of law and order. He soon regretted the decision. When he had enlisted as a soldier, he had not known he would be ordered to take up arms against his fellow countrymen. Every time someone fell at his hand, it felt like he had just killed a member of his own family.

He always silenced his screaming conscience by telling himself that his family was safe back at home. But the thing he hated the most was the very thing he had been ordered to do this time- look for any survivors amidst the ruins of Al-Haffah. He would have done that, happily, if he hadn't been commanded to shoot any survivor who would be found. His commander was a ruthless person who did not want any survivor joining the rebels. Thankfully, the chances of him committing this sin were quite slim. How many could survive eight days of continuous bombing?

The date was 13th June, 2012.

He had been searching for three hours straight, and like his other compatriots, he had found no breathing soul. Corpses were all that had turned up so far. This was until he found a well near a big banyan tree. As he neared the well, he heard the unmistakable sound of someone sobbing. The first thoughts that crossed his mind were those of surprise. How could anyone survive eight days of shelling? Abdullah cursed his luck. Whoever had survived was about to die at his hand. He had hoped to avoid this eventuality, but it seemed his God had other plans.

He grew alert, knowing that the chances of the rebels being around were quite high. He did not wish to die anytime soon. But the scene that greeted him as he approached the well reminded him of why he abhorred the brutalities of war. A child, no more than six or seven years of age, was hunched over the ruins of a house. Judging by the desperation with which he was searching, Abdullah knew his family was buried there somewhere. He also knew that anyone being alive there was highly improbable. He had to step in before the child came to the same conclusion.

Abdullah had expected to be greeted by a weeping child who would be begging for help. Instead, he was met with stones. The child was throwing stones at him and screaming, 'Stay away, you demon!'

Demon? Was that what he had become?

"I'm here to help!" Screamed Abdullah as another stone hit him hard. The torrent of stones stopped. The child had paused, wondering what help he could possibly get from this man in uniform with a machine gun in his hand. Abdullah approached the child gently.

"Were you hiding for the last few days?"

The child nodded. His eyes were still glistening with tears.

"Where were you hiding?" The child pointed in the direction of the banyan tree.

Abdullah gasped. The child had stayed up there for eight days straight! How was he not dehydrated? How had he managed to get food up there? This was nothing short of a miracle. But this miracle was about to reach its conclusion. He simply had to follow orders.

"Do you like it there?" The child nodded. Abdullah sighed. If it had to be done, why not do it somewhere the child loved?

"Can you take me there?" The child looked at his ruined house.

"They aren't here. They all went somewhere safe."

The child looked at him. Hope rekindled in his eyes. Abdullah hated himself for doing that. Before guilt swamped him, he took the child's hand and asked him to lead the way. They were at the banyan tree within

Minutes.

Abdullah steadied his hand. The moment was fast approaching. “Can you show me how you climbed the tree, child? If you do that, I can take you to your family.” Hamid smiled. He could do that with his eyes closed.

The gunshot rang out as soon as he had taken a few steps towards the tree. Abdullah didn’t wait to look upon the child. He turned around and fled the spot, lest his conscience screamed again. But this time, the echoes of the shot reverberated in his soul, and the dam that had been holding back his tears broke, as he realized the enormity of the sin that he had committed.

Abdullah wished he hadn’t been there.

The banyan tree still stood and gazed upon the town, the town it had known for so many years, like a guardian watching over his city. It wept to see what new levels Man had stooped to. When would Man weep?



Ishan Sinha, IPS
(76 RR)

In The Little Prince, by Antoine De Saint Exupery, the Prince leaves his planet to wander around the solar system. He ends up falling in love with a Rose. But she comes from a different planet-unfamiliar to the prince, and hence not very inviting. However, his love for the rose makes the Little Prince take to that planet, despite all unfamiliarity. In loving her, he ends up watering and nurturing the whole planet. Love spreads across personal boundaries, to nurture the surroundings too.

To *dwell*, to live and to love, is to nurture or to *garden* the surroundings we live in, the people's lives we touch. *Without this element of 'gardening' or care, mere 'dwelling' is atomic*, and divorced from the higher purpose of human life-to *improve, to empathise and embrace, to excel, to refine*. Without this larger cause, the 'dwelling' is incomplete. In the essay, we explore how our existence and our love results in nurturing our surroundings of 'gardening'. However, the latter is a complex act-we will explore how *to garden is also to weed out noxious weeds*, or to *reform, restore,* and *rehabilitate*. Lastly, we explore the idea of the garden itself-*who decides what the product of our nurture must look like*? It is here, that we explore the role of the Gardener itself-whose personality leaves a mark on the garden.

The Evolution of Society and State

Man found himself, quite literally, in a 'state of nature', 2.7 billion years ago. There was no Fire, no way of organising dwelling and living. Every few days, the attacks of wild mammoths, tigers, or some new disease, would take away their lives. It was then, in a bid to 'garden' or 'organise' their lives that Hunting-Gathering Age began. This would give way to the consequent development of Pastoralism of the Mesolithic era. Finally, human beings refined or 'gardened' their way of life further towards the Agricultural economy of the Neolithic Era- nomadism gave way to permanent settlements, and property rights began as income became stabilised.

Men found it hard not to squabble. Frequent fights and inter-tribe battles created havoc. Thus was born the first rudimentary 'kingship' of tribal chiefs-who could settle disputes, and gather tribal militia for '*sama-grama*' against rivals and ensure security of life within the tribe. With time, as the system of taxation stabilised, regular armies started being raised-and larger kingdoms were born. The *Mahajanapada* era in India is an example. They gave way to mighty empires of the *Mauryas* and *Guptas* which created milestones in the fields of religion, art, culture and academics. The Greats like *Kalidasa* and *Aryabhatta* found patronage in the era, an advanced monetary economy was born with the coming of metal currency, the philosophy of Buddhism was born and soon became an agent of our soft power.

Thus, from a state of 'bare existence' or mere' dwelling', man's higher quest for stability, meaning in life, beauty and refinement gardened out newer heights of civilisation.

However, this 'garden' thus created had many weeds-Inequality, the use of force inherent in feudalism and monarchy gave way to discourse-man as a gardener took upon himself to weed out this evil, so that in his dwelling-the society-the welfare of all, not just a few, is ensured.

Hobbes felt that left to themselves, men would create anarchy-a society whose life was "poor, brutish, nasty and short". A state, must therefore exist, to wield power an control this anarchy. Locke then came up with the idea of the Social Contract-a state which exists on quid-pro-quo, not the earlier accepted theory of 'divine command'.

The modern democracy was hence born-based on ideals of Locke, JS Mill, Bentham, the French Revolution. In India, this discourse had long ago established one of the earliest democracies known to man- The *Lichhavi* Republic, part of modern day Bihar.

Democratic reforms continued constantly, making the 'state' or our 'dwelling' evermore beautiful, responsive and equitable. Such reforms were born our of man's inherent ability and urge to garden, to reform, and preserve.

The idealists amongst men, always found more reasons to reform, to garden. Sant Kabir famously rued against social inequality. Plato in The Republic dreamed of an ideal state-the 'Kallipolis'-ruled by men of enlightenment-the 'philosopher kings'. Closer home, Saint Ravidas coined his Ideal State '*Beghampura*'- a city having no sorrow, being based on equity of castes and classes. It was as a result of this 'gardening', this critique, this ability to question, that oppressive structures of caste were sought to be defeated by affirmative action, many years hence.

Similar was the role of the Renaissance movements in Middle-Ages Europe and Colonial India. Finding their ideals at crossroads with the 'dwelling' or state of society, men have tried to garden, to prune, to shape. The 'Indian Renaissance' led by greats like Raja Rammohun Roy, IC Vidyasagar et al sought to prune mysticism, escapism and patriarchy into rationalism and progressiveness. This resulted in reforms such as the landmark abolition of Sati, and female infanticide, the starting to women's education and caste-neutral norms of worship.

Many times, the Gardening is not very obvious-It comes in via subtle snips. The writings of Rabindranath Tagore and Sarat Chandra-showcasing strong female protagonists-*Giribala, Charulata* et al-acted as silent revolutions in the minds of the Indian society, which began seeing and accepting that women, like men, have dreams and aspirations of their own, as well as the strength to achieve them.

In the modern day, Think Tanks and pressure groups have emerged as important gardeners, too. The astute policy briefs as inputs into policy making, such as IWWAGE's reports on unpaid labour, ORF's reports on Foreign policy, Association of Democratic Reforms reports in communal harmony etc seek to garden the society indirectly. On the other hand, Protests-such as recent ones in Delhi-Bahadurgard, and Shaheen Bagh- are reflective of multiple gardeners having multiple ideas of what the dwelling should look like.

Which brings us to a question-Yes, to Dwell, is to Garden. But, *what does the gardened dwelling look like*?

That, dear reader, *depends on who is the Gardener*.

Multiple Gardeners; Multiple Dwellings

Some Gardeners like uniform gardens, with only a single variety of flowers. This results in natural diversity being brutally plucked out. The Nazi Genocide of Jews stemmed from this idea of a uniform, 'Aryan' Garden. Similar views, held by similar gardeners, resulted in the Khmer Rouge in Cambodia, the Rwanda massacre, the Serbian Genocide, and more recently in the Rohingya crisis in Myanmar.

No doubt, the Gardens eventually grew back, but with a virulent streak-poisoned with the weeds of hate which would erupt many times in history in the form of communal distrust and intolerance-acting as setbacks to economic development in the region.

Some gardeners, like Bonsai Gardens, where the plants are kept dwarf-much below their true potential. Such gardeners create dwellings with entrenched hierarchies-Be it the caste hierarchy in India, the Racism in Europe, or Patriarchy across the world. Yes, the gardener stays in control-the plants are all systematically dwarfed. But one day, when the urge to grow overcomes the gardener's brutal pruning, a havoc surely ensues. The ancient era revolt of the 'Kalabhras' against casteism in the kingdoms of Pandyas, Cholas and Cheras; and the Proletarian revolution against Capitalism in Russia are cases in point.

Some Gardeners simply donot want to garden. So that when an overgrowth happens, disturbing the garden's equilibrium, they forever remain sought after. The gardener becomes a profiteer off his garden's Chaos. Terrorist States, Banana Republics, the Deep State, funded by Narco-Terror cartels are cases in point. The current state in Haiti, is a textbook example of such a garden. The people on top-the gardeners-remain immensely powerful, as is witnessed in the monarchies of West Asia and narco-democracies of Central America. While the garden runs amok with weeds, and it suffers the wrath of Resource Curse and

Underdevelopment, the gardener watches in glee. However, one day, the garden itself turns against the Gardener-An Arab Spring like event upturns the apple cart of a Muamar Gaddaffi. Both the Garden and the Gardener are eventually lost.

Who, then, is an ideal gardener?

The Ideal Gardener

Our ancient philosophy serves as our guide. An ideal gardener is one who acts conscientiously-delays his pleasure for the growth of his surroundings, just as a *Boddhisattva*. He is '*sthithpragya*'-refuses to give up in bad weather. He is not conflicted mentally-like Buddha in the *Mara-Vijaya* episode, depicted beautifully in the Ajanta caves. He extends his inner peace into his dwelling-he gardens his surroundings to be peaceful, equitable, diverse.

I turn to the Original Gardener-the Mother. An earthly representation of the Cosmic Gardener, God. The mother tends to her surroundings, her child, her family, with love. She ensures no weed of negativity influences her child. She chides (prunes), but gently-lest the garden, her child-wilts away. In other words, with conscious effort, love, and discipline alike, she crafts a beautiful human being-a pleasant garden-from a small infant, a mere seed of possibility. Tis is how, it seems, a gardener should be. Such a gardener alone can ensure the garden is plural and have a character of its own-yet not so much as to disturb its own welfare.

It seems to me, if we could become such watchful gardeners to our Mind's dwelling, the world would collectively grow into a beautiful garden. Much more evolved, much more vibrant and much more conducive to life than we, as human, found it 2.7 billion years ago!

To dwell, is to garden. And may we never stop this gardening!



Anna Lata Sinha, IPS
(76 RR)

Reflections on the Initial Three Months at NPA

From omitting the 'Achievements in Sports and NCC' section in the DAF to completing the rigorous 15 km route march, my journey has been transformative. Yet, these accomplishments only scratch the surface of the physical training. Immersed in this lifestyle for the first time, I've gleaned valuable insights worth sharing.

Foremost is the lesson in camaraderie and leadership from our esteemed *Ustad* Deka sir. When faced with my first punishment in NPA, his support was unwavering, instilling in me the ethos of solidarity: "my team's mistake is my own."

Equally impactful were the actions of my squad mates. During the arduous route march, Mr. X, despite enduring blistering pain, exemplified true leadership by aiding me without hesitation. His selflessness underscored what it means to lead by example.

Similarly, the altruism of Mr. Y and Mr. Z, who consistently prioritises the success of the squad over personal gain, epitomises the essence of teamwork. They always run at the last just to motivate me to run and finish the task in every PT 1 session teaching me what selflessness is.

Challenges, as reiterated by Chaitanya sir, are inevitable. When he said, Nothing will happen if you have to miss your afternoon nap for one day, he was referring to a bitter truth in our lives too. For a person like me, who runs to the room after the morning PT and indoor classes for naps, it was irritating when it gets deviated one day. But then, that's what the job is all about. Not everyday, not everything works as per our plan. Some days will be tiring like the day after our 15 km route march and some days will be like the first Police Station visit. Just like its said, *Jeetna bhi try karo, kuch na kuch toh chhootega hi. Isliye yahin, isi pal ka maza lete hai.*

Moreover, I've learned that growth lies beyond comfort zones. Whether it's public speaking or surpassing physical limits, the most rewarding experiences await outside familiarity. Getting the rarest of rare feeling of achieving something when completed the 5km QBA was clearly outside the comfort zone but worth cherishing.

In this journey, I think maybe Michelangelo was right, the rocks might be having something and it's just time and effort that will be required to make it beautiful. There are many beautiful rocks here which are ready to be made into beautiful statues and many Michelangelos trying to help them be one.



Bushara Bano, IPS
(76 RR)



C. Vamsi Krishna



Seju P Kuruvilla



Dr. M.Tamilvanan, IPS
July 20, 2023



Ajit Pratap Singh, IPS
August 22, 2023



Dr. A. Srinivas, IPS
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